



# Market News

May 2009

## Market Music

### June

- 3 *The Beggarmen*
- 6 *Dave Moore*
- 10 *The Drollinger Family with Dave Hicks*
- 13 *Joe & Vicki Price*
- 17 *Gayle Drake Paul*
- 20 *Captain's Verses*
- 24 *The Gilded Bats*

### July

- 1 *Ron Hillis*
- 4 *Ron Hillis*
- 8 *Nick Stika*
- 11 *Gayle Drake Paul*
- 15 *Aleta & Alan Murphy*
- 18 *Mark Hartstack*
- 22 *Kalimbaman*
- 25 *Adam Stomp*
- 29 *Bob & Kristie Black*

### August

- 1 *Terrapin*
- 5 *Saul Lubaroff*
- 8 *Aleta & Alan Murphy*
- 12 *Mutiny in the Parlor*
- 15 *Nick Stika*
- 19 *Dave Moore*
- 22 *Mike Haverkamp*
- 26 *Nick Arp*
- 29 *Clover Ridge Ensemble*

### September

- 2 *Mutiny in the Parlor*
- 12 *Deb Singer*



## Friends of the Market's first fundraiser provides an evening of family fun

The Friends of the Iowa City Farmers Market, a new volunteer group organized this spring, held its first Springtime Rumpus and Fun-Raiser on April 17 at Mercer Park Aquatic Center. The event benefitted the market's popular annual Kids' Day. Over 200 people attended. They snacked on pizza from the Wedge and desserts from local bakers, and listened to music from the Gilded Bats. The kids particularly enjoyed educational and art activities, which included making veggie cars, learning about compost and honeybees, planting seeds and sprouts, and making art with dried beans and peas.



*Top left: The Springtime Rumpus and Fun-Raiser.*

*Top right: The Gilded Bats.*

*Left: Allen Israel of Applectart Orchard helps a young Springtime Rumpus and Fun-Raiser guest plant flowers at the seed-starting station.*

## Fresh from the Market in May

Early May is the peak season for lettuce and other greens, peas, rhubarb, radishes, and asparagus. It's also a great time to buy bedding plants—and don't forget cut flowers and gifts for Mother's Day!

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*Wondering how to prepare the fresh rhubarb you bought at market? Try this recipe from Joyce Carroll, Program Supervisor in the Iowa City Recreation Division:*

### Strawberry-Rhubarb Custard Pie

- 2 c. rhubarb, cut in 1" pieces
- 2 c. fresh strawberries, halved
- 2 unbaked pie crusts
- 1 ¼ c. sugar
- 3 Tbs. flour
- ½ tsp. nutmeg or cinnamon
- 3 Tbs. melted butter
- 2 eggs, lightly beaten

Mix berries and rhubarb, and place in bottom of pie crusts. Mix all other ingredients well. Pour over fruit. Top with top crust or lattice weave crust. Flute edges. Preheat oven to 400°. Turn down to 350° and bake 35 minutes or until rhubarb is soft.

From the *Iowa City Farmers Market Cookbook*. Copies of the cookbook are \$10, and are available at market or at the Robert A. Lee Community Recreation Center.

## New volunteer group organizing to support the Farmers Market

A new volunteer group, the Friends of the Farmers Market, is organizing this spring to help support the market. The group has already held one fundraising event, the Springtime Rumpus and Fundraiser. They plan to announce other events benefitting the Farmers Market in the next few weeks.

The Friends of the Iowa City Farmers Market helps promote the market, raises funds, provides volunteer assistance for market days and special events, and develops new events and activities. Volunteers can participate in a single event, or can help out regularly throughout the season.

If you are interested in participating in Friends of the Iowa City Farmers Market, contact Meggan Fisher at (319) 688-4041 or [fic.farmersmarket@gmail.com](mailto:fic.farmersmarket@gmail.com). You may also sign up on the Friends of the Iowa City Farmers Market's Facebook page.

## Kids—design a poster for Farmers Market Kids' Day, and win \$100!

The Iowa City Farmers Market will hold its first annual student art contest this spring. All Iowa City students in grades K-8, including students at Heritage and Regina schools and home-schooled students, are invited to participate. The winning student will receive \$100, and his or her entry will be used for posters and other promotional material for the 2009 Farmers Market Kids' Day in September.

Each artist may submit up to three designs. These should be two-dimensional works, 8.5 inches wide by 11 inches tall. They should represent what the artist likes best about the Iowa City Farmers Market, and they must include the words "2009 Iowa City Farmers Market Kids' Day."

Entries are due on or before June 5, 2009. They may be mailed to Tammy Neumann at the Robert A. Lee Community Recreation Center, 2220 South Gilbert Street, or dropped off at the Recreation Center's information desk. Registration forms and contest rules are available from art teachers at the Iowa City Community schools, or from the Recreation Center.

Art work submitted for the contest will be displayed at a reception at the Recreation Center on July 3, 2009, from 5-8 p.m. All artists and their families are invited to attend. Art works will remain on display through the month of July.