



Market News

April 2009

Market Music

June

- 3 *The Beggarmen*
- 6 *Dave Moore*
- 10 *The Drollinger Family with Dave Hicks*
- 13 *Joe & Vicki Price*
- 17 *Gayle Drake Paul*
- 20 *Captain's Verses*
- 24 *The Gilded Bats*

July

- 1 *Ron Hillis*
- 4 *Ron Hillis*
- 8 *Nick Stika*
- 11 *Gayle Drake Paul*
- 15 *Aleta & Alan Murphy*
- 18 *Mark Hartstack*
- 22 *Kalimbaman*
- 25 *Adam Stomp*
- 29 *Bob & Kristie Black*

August

- 1 *Terrapin*
- 5 *Saul Lubaroff*
- 8 *Aleta & Alan Murphy*
- 12 *Mutiny in the Parlor*
- 15 *Nick Stika*
- 19 *Dave Moore*
- 22 *Mike Haverkamp*
- 26 *Nick Arp*
- 29 *Clover Ridge Ensemble*

September

- 2 *Mutiny in the Parlor*
- 12 *Deb Singer*



Volunteer group organizing to support Iowa City Farmers Market

A new volunteer group, Friends of the Iowa City Farmers Market, is organizing to support the Farmers Market. The group will help promote the market, raise funds, provide volunteer assistance for market days and special events, and develop new events and activities. Volunteers can participate in a single event, or can help out regularly throughout the season.

The Springtime Rumpus and Market Fun-raiser, being held at Mercer Park Aquatic Center on April 17, from 5-8 p.m., is the group's first event. The event will include pizza and other treats, a bounce house, live music, and educational stations. It will raise money to benefit the market's popular annual Kids' Day. Other events benefitting the Farmers Market will be announced in the next few weeks.

If you are interested in participating in Friends of the Iowa City Farmers Market, contact Meggan Fisher at (319) 688-4041 or meggfisher@gmail.com. You may also sign up on the Friends of the Iowa City Farmers Market's Facebook page.

2009 Farmers Market season begins May 2, continues through October

Join us for the 2009 season of the Iowa City Farmers Market! The first market will be held Saturday, May 2. The Farmers Market season will continue until the end of October, with the last market on Saturday, October 31. During the season, market will be held in the Chauncey Swan parking ramp every Wednesday from 5:30-7:30 p.m., and every Saturday from 7:30 a.m. until noon.

Fresh from the Market in May

Early May is the peak season for lettuce and other greens, peas, rhubarb, radishes, and asparagus. It's also a great time to buy bedding plants—and don't forget cut flowers and gifts for Mother's Day!

Wondering how to prepare the fresh asparagus you buy at market? Try this recipe from market vendor Kristina Arnold, of Cocina del Mundo Herbs and Spices, the next time you grill:

1 lb. asparagus, lightly boiled in salted water
2 Tbs. lemon juice
3 Tbs. minced garlic
¼ cup olive oil
Salt and fresh ground pepper to taste
2 sprigs thyme

After boiling asparagus, place on greased cookie sheet; sprinkle with remaining ingredients. While grilling other items on your menu, place asparagus to the back. The asparagus will take on more flavor if you cover the grill several times.

From the *Iowa City Farmers Market Cookbook*. Copies of the cookbook are \$10, and are available at market or at the Robert A. Lee Community Recreation Center.

Kids—design a poster for Farmers Market Kids' Day, and win \$100!

The Iowa City Farmers Market will hold its first annual student art contest this spring. All Iowa City students in grades K-8, including students at Heritage and Regina schools and home-schooled students, are invited to participate. The winning student will receive \$100, and his or her entry will be used for posters and other promotional material for the 2009 Farmers Market Kids' Day in September.

Each artist may submit up to three designs. These should be two-dimensional works, 8.5 inches wide by 11 inches tall. They should represent what the artist likes best about the Iowa City Farmers Market, and they must include the words "2009 Iowa City Farmers Market Kids' Day."

Entries are due on or before June 5, 2009. They may be mailed to Tammy Neumann at the Robert A. Lee Community Recreation Center, 220 South Gilbert Street, or dropped off at the Recreation Center's information desk. Registration forms and contest rules are available from art teachers at the Iowa City Community schools, or from the Recreation Center.

Art work submitted for the contest will be displayed at a reception at the Recreation Center on July 3, 2009, from 5-8 p.m. All artists and their families are invited to attend. Art works will remain on display through the month of July.

ECO Iowa City at the Farmers Market

ECO Iowa City, a grant-funded initiative to improve environmental sustainability in Iowa City, will be at the Farmers Market on Saturday, May 2, and Wednesday, May 6.

Between spring 2009 and fall 2010, ECO Iowa City will provide free workshops, programs, seminars, and information to Iowa City residents. Topics will include urban composting, local food, energy conservation, stormwater management, and smart waste disposal. The initiative will also provide free resources, including seeds and plant starts, coupons for free Iowa City Community compost, fluorescent bulbs, and winterizing kits, as well as mini-grants for compost bins and rain barrels.

ECO Iowa City will be at the East Side Recycling Center on Earth Day, April 25; at the Iowa City Environmental Film Festival on May 3; and at the Project GREEN Garden Fair on May 9. Visit www.icpl.org for more information.